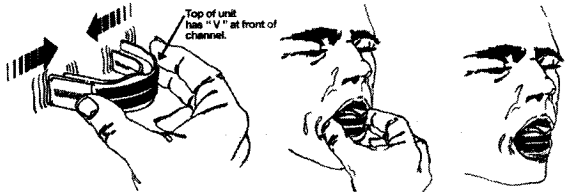


# LoPro & LoPro FEMALE FITTING INSTRUCTIONS

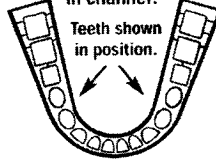
**FAILURE TO FOLLOW INSTRUCTIONS MAY DESTROY THE LoPro.**  
Product must be custom fitted. Minors should have adult supervision.

Test fit for length. Place on lower teeth only. Keep mouth open.



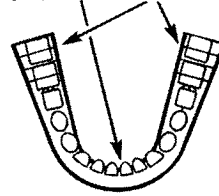
Proper handling for sizing. Lower front teeth determine length.

Perfect fit. Lower teeth and molars must fit in channel.

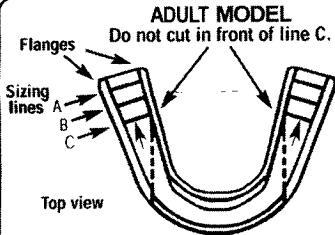
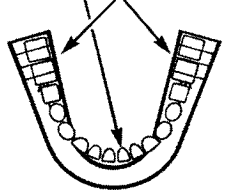


Teeth shown in position.

Slightly too large. Cut lines (A).

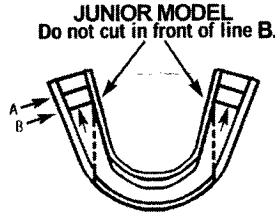


Too large. Cut lines (B).



### ADULT MODEL

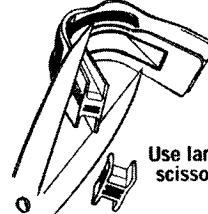
Do not cut in front of line C.



### JUNIOR MODEL

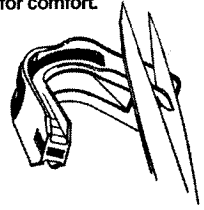
Do not cut in front of line B.

Trim for length.



Use large scissors.

Trim / round corners for comfort.

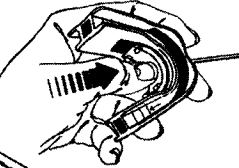


Bite plate keeps airway open during fitting.

Stop tabs

Bite stick

Push through until stop tabs are against the BRAIN-PAD.

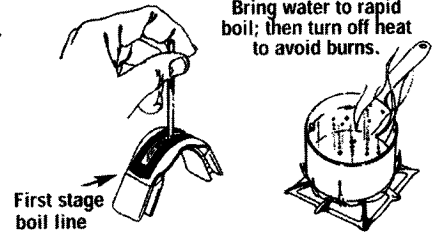


Bite stick must remain fully inserted to maintain proper airway space while biting.

Bite stick correct

Bite stick incorrect

First stage boil line



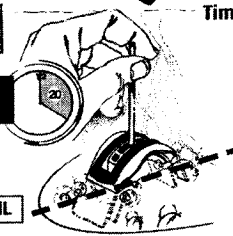
Bring water to rapid boil; then turn off heat to avoid burns.

### 2 STAGE BOILING PROCESS

#### FIRST STAGE: 20 SECONDS

Place in water up to boil line.

DO NOT OVER BOIL

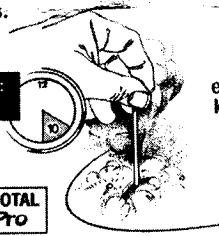


Time critical in seconds.

#### SECOND STAGE: 10 SECONDS

Place in water completely.

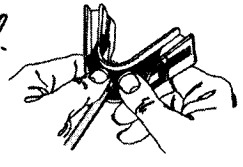
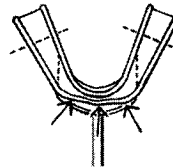
OVER 30 SECONDS TOTAL DESTROYS THE LoPro



Shake off excess water keeping bite stick in place.

Lower front flange may curl in.

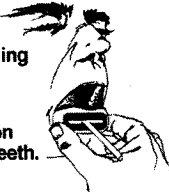
If curled, use fingers to spread open.



Leave Bite Stick insert in place to mold!

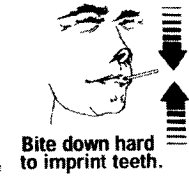
Open mouth, slightly extending the lower jaw forward.

Place on lower teeth.



Bite down slowly to insure teeth fit in upper channel.

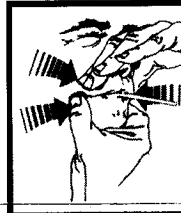
Bite down hard to imprint teeth.



### ! CAUTION !

IF you have BRACES, BRACKETS or APPLIANCES on your teeth, SKIP the following BOXED Step.

DO NOT MOLD OUTSIDE SURFACES INTO BRACES BRACKETS or APPLIANCES!



Mold to mouth (like sucking a lemon). Use fingers to mold outside surfaces to teeth & gums. Use tongue to mold inside surfaces.

The LoPro must show teeth imprints.

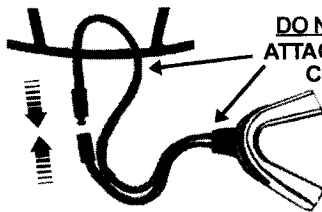
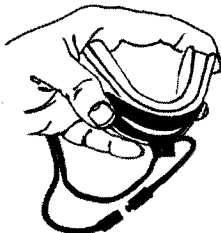


Rinse with cold water to set impressions.

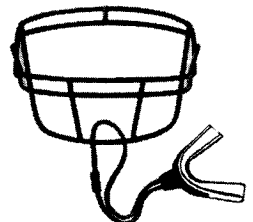
### PROPER STRAP ATTACHMENT:

#### IMPORTANT !:

DO NOT TIE or WRAP ANY part of attachment strap or string! Doing so, can negate Safety Release clasp's effectiveness.



DO NOT TIE ATTACHMENT Cord!



### CARE & CLEANING:

● Keep your LoPro & storage case clean. Store the LoPro in its pouch when not in use.

● Wash the LoPro after each use in lukewarm water. Hot water may soften & distort the LoPro.

● Sanitize regularly with an astringent mouthwash for good hygiene.

● With proper care, your LoPro should provide protection for a whole season.

ENJOY THE LoPro's: POWER, PROTECTION & INCREASED BREATHING!